

empath mama

community

www.empathmama.com

hello@empathmama.com

Empath Mama was created with the mission to build a community connecting sensitive moms to resources, a network, and experts from the perspective of being a highly sensitive person and/or empath. We support moms as a whole person to embrace a balanced and successful life as an Empath Mama.

Empath Mama is looking for experts in all areas of life to support our Empath Mamas. Knowledge or experience with a highly sensitive person or an empath is required.

SOCIAL MEDIA



2,300+ Followers



4,480+ Followers



2,600+ Followers
400+ Group Members

BENEFITS

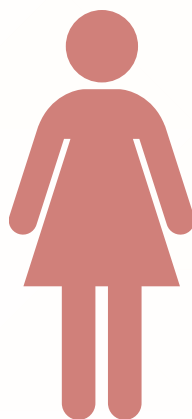
- Featured in Empath Mama's Expert Directory
- Opportunity to teach a workshop for members quarterly
- Guest Blog Post (6 times/year)
- Attend monthly Expert network meeting
- Ask the Expert Panel (quarterly)
- Appear on Social Media Platforms as one of Empath Mama's Experts
- Free membership
- More opportunities as we grow

ABOUT HEATHER NARDI

Heather is the Founder of Empath Mama. She is an author and speaker certified as a Holistic Life Coach. She draws from her extensive education as a coach and spiritual practitioner to create specialized tools and programs for empaths and highly sensitive moms.



AUDIENCE STATS



99%

FEMALE AUDIENCE

AGE	%
25-34	11%
35-44	22%
45-54	60%
55-64	7%